## **Children's Programs and Services**

**Intensive Community Psychiatric Rehabilitation** – This is a community-based level of support designed to help a child who is experiencing a severe and significant psychiatric condition, alleviating or eliminating the need to admit them into a psychiatric inpatient setting.

**Treatment Family Home** - This is a "home-like" setting that provides intensive therapeutic mental health interventions. An individual treatment plan is developed by the family, child, natural supports agencies, and community partners for each child placed in a Treatment Family Home.

**Professional Parent Home** - This is a "home-like" setting that provides intensive therapeutic mental health interventions for a child. Only *one* child is placed in a Professional Parent Home. An individual treatment plan is developed by the family, child, natural support agencies, and community partners to meet the needs of the child.

**Intensive Evidence Based Practice** – This service includes implementation of supports for treatments that have been proven demonstrably effective for children. The selected evidence based practice is based up on the specific child's needs and desired outcomes and is identified on the treatment plan.

**Psychosocial Rehabilitation** - A combination of goal-oriented and rehabilitative services provided in a group setting to improve or maintain the child's ability to function as independently as possible with their family or community.

**Day Treatment -** This service offers an alternative form of care to children who have serious emotional disturbance and who require a level of care greater than can be provided by the school or family, but not as intensive as inpatient service. Day treatment may include vocational education, rehabilitation services, individual and group therapies, and education services.

**Family Assistance** – These services are provided for the child and/or family. Activities provided in the delivery of services may include home living and community skills, communication and socialization, leisure activities for the child, arranging for appropriate services and resources available in the community.

**Family Support** - Services are provided for a family member of a child who had or currently has a behavioral or emotional disturbance disorder and may involve a variety of related activities to the development or enhancement of the service delivery system. Activities may include, but are not limited to, problem solving skills, emotional support, disseminating information, linking to services and parent-to-parent guidance.

**Community Support** – Services are designed to coordinate and provide services and resources to children and their families as necessary to promote resilience. The focus is on teaching/modeling developmentally appropriate skills, necessary for positive self-esteem, a sense of identity, positive relationships with family and peers, social competence, and success in school.

**Targeted Case Management** - This service includes arrangement, coordination and participation in the assessment to ensure that all areas of the child and family's life are assessed to determine unique strengths and needs. Coordination includes linking and arranging the supports necessary to access resources and facilitates communication between service providers.

**Respite** – Temporary care provided by trained, qualified personnel, on a time-limited basis, for the purpose of meeting family needs and providing mental health stabilization. The services must be prescribed in the treatment or service plan as an essential clinical or supportive intervention. Respite may be provided in or out of the child's home, school, community or a Department of Mental Health licensed site.

**Wraparound** - The wraparound philosophy includes providing direct and indirect service to assist in maintaining the child in regular home, school and/or community placement to ensure the functional success of the child in the community. Types of services may include basic needs supports, transportation supports, social-recreational supports, clinical/medical supports and other supports.